



# DCC Newsletter

Rainbows often occur **AFTER** the rain!

## DCC Training: THE CURRENT STATE OF IT ALL:



• It's obvious DCC's training schedule had to change due to restrictions of this horrid virus. So, while we created on-line opportunities & continued to host Tuesday night video trainings, we also have been working on creating a rich & enlightened future training schedule for our caregivers.

Our first live training event will be one of our famous 6-hour, Saturday training presentations with prizes, lunch, giggles & fun galore! Mark your calendar NOW for Oct 9th, & watch your mail for reservations. Here's to hoping we'll all have seen some sort of a "rainbow" in our lives by then!

• However, for more help with training hours, we offer this list of other uncomplicated on-line creditable/interesting places to try:

- [connect.jocogov.org](http://connect.jocogov.org) (licensing/nutrition hours)
- [extension.psu.edu/programs/betterkidcare/lessons](http://extension.psu.edu/programs/betterkidcare/lessons) (nutrition hours only)
- [kccto.org/programs/online-learning](http://kccto.org/programs/online-learning) (licensing/nutrition hours)
- [ks.train.org](http://ks.train.org) (licensing/nutrition hours)
- [ktsro.org/basic-car-seat-trainings](http://ktsro.org/basic-car-seat-trainings) (licensing/nutrition hours)
- [sunflowerhouse.org](http://sunflowerhouse.org) (licensing hours)
- [theicn.org](http://theicn.org) (licensing/nutrition hours)

While some cost, remember it's a tax "business expense". **Do continue to read all DCC emails & newsletters to see how the summer unfolds!**

## Welcome these Providers to Our DCC "Family"!

Julie Lair- Havencroft

### CPR/1st AID @DCC

SAT, JUL 17, 8:30AM

(RSVP by 7/7)

SAT, AUG 14, 8:30AM

(RSVP by 8/4)



Course is excellently given by Tiffany Saturday, EMT. Send \$70 check to DCC, 8853 Long, Lenexa, KS 66215, with preferred date on memo line OR call & use credit card, 529-1200.

- 6 hrs licensing credit
- non-refundable fee

## Calendar Reminders

- 5/31** DCC closed
- 6/1** open-8PM, video 6PM: "Our Memory"/"Art of the Human Body" **RSVP FULL**
- 6/2** •DCC's B'day- opened our doors1982!! •4:30PM, **MENUS DUE-1 day early this mo!**
- 6/19** 8:30AM, CPR/1st Aid
- 7/5** DCC closed
- 7/6** open-8PM, video 6PM: "Produced Food"/"Processed Food" **RSVP FULL**



**We don't "babysit"!**

DCC is an equal opportunity provider.

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Remember

### COVER SHEET REMINDER

We need your help!

It's hard to tell parents "we have no one who has listed themselves with openings in you area".

PLEASE remember to fill out Referrals section monthly!

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### DID YOU KNOW YOU'RE PART OF A SPECIAL "TEAM" IN THIS COUNTRY?

Be excited-as you ARE part of a "team"; one which strengthens families & communities through research-based nutritional resources, called...

Child & Adult Care Food Program!



## 9 "Bites" to Better Tasting Fruits/Veggies

**1. Prevent cut fruit from turning brown.** Keep cut fruits fresh by coating them with acidic juice such as pineapple, lemon or orange juice. Cut as close to serving time as possible. **2. Make the most of your melon baller.** They can save time prepping by using to core apples, pears & also remove seeds & pulp. **3. Take a salad spinner for a spin.** Salad dressing slides off damp salad greens. You'll get more flavor if greens are washed & dried before tossing in dressing. **4. Do this with radishes before refrigeration.**

Remove leafy tops before storing. They don't keep well if their tops remain. **5.**

**Wash fruits & veggies correctly.** Always wash them, even if skin is being peeled off. **6. Separate fruits & veggies from these foods.** Keep them separate from foods such as raw meat, poultry or seafood. Wash cutting boards & counters with hot soapy water between preparation of raw meats & produce. **7. Keep fruits & veggies separate in refrigerator.** Store in separate crisper drawers. Fruits give off a gas which can shorten storage life of veggies. Veggies also give off odors which can be absorbed by fruits. **8. Know which fruits ripen after they're picked.** To speed up their ripening, put in ripening bowl or closed brown paper bag. **9. Refrigerate fruits & veggies in perforated plastic bags.** This helps maintain moisture yet allows for air flow.

## VISITORS' VIEWS



- Caregiver home visits will once again begin June 1st. If you haven't been vaccinated or simply prefer they wear masks, just say so. NO problem.
- Remember we ARE open Friday afternoons until 4:30PM & visits occur until then. Some providers assume both the office & the entire staff don't work then.
- Continue to contact us prior to taking any time off. We certainly understand the need to take off, but letting us know BEFOREHAND prevents these dear gals from driving around in circles trying to get a quick visit done.

THANKS!

## DCC Caregivers Honored for Mother's Day!

The following day care providers were **honored by parent(s) for Mother's Day** through our social service agency. We join in recognizing them for their professionalism as they continually provide nurture, education & love! Hats off to:

Tammy Adams, Sally Amani, Natasha Atashband, Linda Babbitt, Kim Bailey, Kay Bennett, Alex Buchholz, Ann Byrd, Teresa Byrd, Debbie Cain, Angie Carnes, Donna Dannevik, Ashley Dewitt, Chris Dunsworth, Bev Folse, Sandra Furman, Lucy Gonzalez, Karen Green, Rosalind Griffin, Chrissy Hanlin, Tiffany Holloway, Teresa Holter, Claire Hulsey, Charlotte Kauffman, Amy Lang, Judy Lee, Avea Mahan, Stephanie Oehm, Tammy Peterson, Laura Rehder, Rabiya Rehman, Melissa Reinke, Lanel Robinson, Bridget Sanders, Melissa Schartz, Karen Schneider, Jessica Silvey, Katherine Slate, Sue Sullivan, Holly Twaddell, Maureen Woolever, Erin Wright.

## REFERRALS & YOU

Our annual SURVEY OF FAMILY DAY CARE RATES is inside this envelope. Info on a variety of topics from our entire population helps you remain competitive with others in the same geographical area. It also has proven to be a valuable resource tool for parents. Please quickly complete & return to DCC by **6/15**. We thank you in advance for participating.

