



DCC Newsletter

Think **SPRING...** a “gift” our caregiving community needs!

AH-THE SMELL OF HOMEMADE BAKING USING WHOLE GRAINS!

TUES, MAR 10th, 7PM @OP Lutheran

- 2 hours licensing credits & CACFP nutrition training
- FREE
- OP Lutheran, (7810 W 79th, 66204)



Remember when you were a kid, walking into the smell of fresh bread baking in the oven? The wonderful aroma filled the entire house! It’s memories like this we want you to recreate for your littles. But, we want you to learn to use the more nutritious Whole Grain (WG) methods nutritionists feel are so very

important in diets these days.

Connie Nieman, MS, (Kansas Wheat Commission Spokesperson & Home Baking Assn. Representative), will demonstrate. She’ll talk about how exposing kids to Whole Grains at a young age sets the foundation for lifelong healthy eating habits. Learn how to “sneak” them into baked products. You’ll get a practical kid-friendly recipe booklet, wonderful cooking demos & free flour samples.

Plan TODAY to come & soak up this valuable info from this Family & Consumer Sciences educator. The possibility of what this training can achieve in your kitchen & professional life is endless.

RSVP to: valerie@daycareconnection.org or **529-1200**

1

SPRING BREAK REMINDER: CONTACT DCC IF

- you’re NOT going to be doing care or NOT going to be home at any time

kay@daycareconnection.org

529-1200

2

SPRING BREAK REMINDER: NEW ENROLLMENTS FOR

- any kids claimed, sibling or otherwise the day they’re 1st in your care... not at end of month

3

SPRING BREAK REMINDER: GET KIDDOS OUTSIDE

- anyway you can— clear away dead leaves, play hide & seek, dig in the sand, walk around the block, smell the fresh air

Ah, the pure JOY!

CPR/1st AID @DCC

SAT, MAR 14, 8:30AM

(RSVP by 3/4)

SAT, APR 4, 8:30AM

(RSVP by 3/25)

SAT, MAY 2, 8:30AM

(RSVP by 4/22)

Course is excellently given by Tiffany Saturday, EMT.



Send \$70 check to DCC, 8853 Long, Lenexa, KS 66215, with preferred date on memo line OR call & use credit card, 529-1200.

- 6 hrs licensing (please bring lunch)
- non-refundable fee

Calendar Reminders

3/3 open-8PM, video 6PM: “Are We Poisoning Our Children?”

3/4 4:30PM, MENUS DUE

3/10 “AH-THE SMELL OF HOMEMADE BAKING...” **7PM, @OP Lutheran**

3/14 8:30AM, CPR/1st Aid

3/3 open-8PM, video 6PM: “Adults/Children Against Violence”



We don’t “babysit”!

USDA is an equal opportunity provider.

-DCC is committed to making workshop activities available to all. Locations are handicap-accessible. Please contact us 2 weeks before events for any special assistance.-

It's Time to Celebrate!



CACFP Week: March 15-21st

CACFP Week is a national education & information campaign sponsored annually by the National CACFP Sponsors Assn. It's designed to raise awareness of how this USDA program works to combat hunger, as well as bringing healthy foods to tables across the country for kids in homes, centers & afterschool programs, & for adults in day care.

LIFE WITH LITTLE ONES CAN BE A PICNIC ... BUT ... NOT ALWAYS!

SAT, APR 25th, 8:30-3PM @OP Church of Christ (119/Pflumm, 13400 W 119th, 66213)

• 6 hours licensing, including Health & Safety/2 hours CACFP credits • prizes • fire extinguisher checks • giggles galore!

Your personal invitation will be arriving soon for DCC's NEW spring, 6-hour training!

Folks, this fun learning event is full of what you need... useful & interesting info just right for family day care home businesses. Relevant topics include:

Take Time for Food Safety

Cindy Johnson, KSDE

~walking you through current childhood dangers~

Dealing with the Stressed-Out Child

Kimberly Levitan, Playful Solutions

~identifying & mastering their anxiety~

I Smell Something Burning: Is It Me?!

Beth Reeder, Motivational Speaker

~can you spell "burnt-out"~



All this, plus, sharing & support from your fellow providers! Speakers bring warmth, understanding of your profession, as well as extensive education & experience. Enjoy a lovely ladies' lunch. Space IS limited. Your special invitation & return RSVP form will be mailed after Apr 1st. Do return quickly. Plan now to join DCC's provider community with this very enjoyable way to complete your crediting hour specifics!

VISITORS' VIEWS



DCC Home Visitors repeatedly say what a fabulous bunch of providers we have in our DCC family! Yes, there are times they hear a bit of negative rumbling when check notes arrive. DCC must send these for ALL corrections. It's part of our required-USDA role as a food program sponsor. We realize it's easy to slip every now & then. No one is perfect & nearly every caregiver has gotten a note on something. So... don't feel singled out. Remind yourself the entire program is based on nutrition "education", NOT nutrition "perfection". So, give yourselves a hug for a job truly well done!

REFERRALS & YOU

Ever wonder why more parents don't contact you? Well, be honest with yourself. Do you often screen calls or let your recorded message play "secretary"? It's important to understand potential customers don't always like to leave a message. They simply move on down a list to the next available name. Most of our caregivers who are regularly kept full are easily contacted via telephone. So, think about it. Are you sure you want to screen all those calls? Lastly, be sure DCC does have your cell number.

