



# DCC Newsletter

Open hearts... open hands... for our caregiving community!

## AH-THE SMELL OF HOMEMADE BAKING USING WHOLE GRAINS!

**TUES, MAR 10th, 7PM @OP Lutheran**

- 2 hours licensing credits & nutrition training
- FREE
- OP Lutheran, (7810 W 79th, 66204)



Remember when you were a kid, walking into the smell of fresh bread baking in the oven? The wonderful aroma filled the entire house! It's memories like this we want you to recreate for your littles. But, we want you to learn to use the more nutritious Whole Grain (WG) methods nutritionists feel are so very

important in diets these days.

Connie Nieman, MS, (Kansas Wheat Commission Spokesperson & Home Baking Assn. Representative), will demonstrate. She'll talk about how exposing kids to Whole Grains at a young age sets the foundation for lifelong healthy eating habits. Learn how to "sneak" them into baked products. You'll get a practical kid-friendly recipe booklet, wonderful cooking demos & free flour samples.

Plan TODAY to come & soak up this valuable info from this Family & Consumer Sciences educator. The possibility of what this training can achieve in your kitchen & professional life is endless.

RSVP to: [valerie@daycareconnection.org](mailto:valerie@daycareconnection.org) or 529-1200

### Welcome these Providers to Our DCC "Family"!

- Miranda Dvorak- Benninghoven
- Dana Outler- Sunflower (Gardner)
- Royan Spencer- Spring Hill

### CPR/1st AID @DCC

SAT, MAR 14, 8:30AM

(RSVP by 3/4)

SAT, APR 4, 8:30AM

(RSVP by 3/25)



Course is excellently given by Tiffany Saturday, EMT. Send \$70 check to DCC, 8853 Long, Lenexa, KS 66215, with preferred date on memo line OR call & use credit card, 529-1200.

- 6 hrs licensing (please bring lunch)
- non-refundable fee

### Calendar Reminders

- 2/4 open-8PM, video 6PM: "Giving When There's Nothing Left to Give"
- 2/5 4:30PM, MENUS DUE
- 2/17 DCC closed
- 3/3 open-8PM, video 6PM: "Are We Poisoning Our Kids?"
- 3/10 "AH-SMELL OF HOMEMADE BAKING"
- 3/14 8:30AM, CPR/1st Aid

### We don't "babysit"!



USDA is an equal opportunity provider. DCC is committed to making workshop activities available to all. Locations are handicap-accessible. Please contact us 2 weeks prior to events for special assistance.

1

### DCC'S 2020 ACTIVITY & RECORD KEEPING CALENDAR

- complete resource guide for family day care tax & business needs
- excellent system to track financial records
- wonderful learning activities • super recipes

Call or drop by today!

2

### TOM COPELAND'S TAX WORKBOOK & ORGANIZER

- new format carrying wealth of info from THE "Tax Guru" of our family day care industry

\$20 @DCC

(Be sure to give parents your Tax ID # or Social Security # for tax records. It's the law!)

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### REMINDE PARENTS OF THE U.S. EARNED INCOME TAX CREDIT

- special tax benefit for working parents who earn below a certain amount
- if qualified, they owe less in taxes & may get cash back

call IRS: 800-829-1040

## Try an adorable Celery Heart-Shaped Valentine-easy for all ages!

Homemade Valentines are the best! But they can be quite time-consuming. This is a quick & simple way to make really cute ones which appeal to all ages!



Cut celery stalks. They look just like hearts!  
Dip those into paint & stamp them all over on any kind of paper.



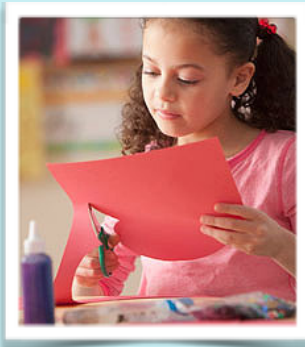
Older kids can write a poem such as:  
*Roses are red, Violets are blue,  
I'm so lucky to be friends with you!*  
Then, cover the poem with celery heart stamps.

For younger ones you can write something to give to parents & have them stamp all over the paper. Fold & put into decorated envelope, & voila!

You have a handmade, heart-touching Valentine,  
made from your loving home day care business!



### VISITORS' VIEWS



DCC Home Visitors have kept you aware of any slight tweaks of existing food program rules. These all help to maintain the integrity for future funding decisions! So, please... please, make sure to:

- fill in your Menus & Daily Attendance Roster completely every day. It's amazing to our staff how many times haste costs caregivers \$\$.
- e-mail or call if you don't do care. This is a required mandate many forget.
- get your required 2 hours, annual nutrition training done by summer's end. We truly make ALL our trainings interesting AND fun, + it's very easy to have this be part of your licensing requirement.

### REFERRALS & YOU

Did you know you can help yourself & your business by participating in all types of training opportunities? Make sure parents know you attend. (DCC's workshops are authorized by JoCo Health Dept & KS Dept of Education. Our topics are what our caregivers tell us they want to see addressed ... NOT what we tell you to come learn.) Even the best child care business will stay childless if parents aren't aware what services you employ &/or what skills you continually enhance.



SAVE the Date: April 25th

- ▶ OUR NEXT 6HR TRNG— Plan now to attend: LIFE WITH LITTLE ONES CAN BE A PICNIC...BUT... NOT ALWAYS! Details will be come via your own private mailed invitation, but for now, DO save the date!