



# DCC Newsletter

Think **SPRING...** a “gift” our caregiving community needs!

## “GOT GRIT?!”

**THUR, MAR 28th, 7PM @OP Lutheran**

• 2 hrs licensing credits

• FREE

• 7810 W 79th, 66204



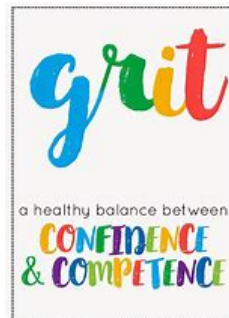
**STRESS!** It's normal. It's natural. It's inevitable. It's not going away any time soon... from anyone's life. But, we can learn some simple strategies to help US manage STRESS-before STRESS manages US.

We'll talk about the good, the bad & the ugly which stress brings to caregivers' lives & how to stay in the game when you just want to quit. In this newly designed Kansas Dept. of Education course, Professor Rebecca DeYoung-Daniels (a speaker many have enjoyed in the past)

will teach how to apply strategies for managing stress in your day care homes. By identifying the meaning of stress, its cause & consequences, participants can better manage this anxiety & actually use it for personal benefits.

Plan TODAY to come & soak up this valuable info. The possibility of what this training can achieve in both your personal & professional life is endless.

RSVP: [valerie@daycareconnection.org](mailto:valerie@daycareconnection.org) or 529-1200



### CPR/1st AID @DCC

SAT, MAR 23, 8:30AM

(RSVP by 3/13)

SAT, APR 27, 8:30AM

(RSVP by 4/17)

Course is excellently given by Tiffany Saturday, EMT. Send \$70 check to DCC, 8853 Long, Lenexa, KS 66215, with preferred date on memo line OR call & use credit card, 529-1200.



• 6 hrs licensing (please bring lunch) • non-refundable fee

### Calendar Reminders

3/5 4:30PM, MENUS DUE  
 3/5 open-8PM, video  
 6:30PM "Germ Busters"  
 3/23 8:30AM, CPR/1st Aid  
**3/28 7PM, GOT GRIT?!**  
 @OP Lutheran  
 4/2 open-8PM, video  
 6:30PM "Games to Make at Home"



**We don't "babysit"!**

*USDA is an equal opportunity provider*

*-DCC is committed to making workshop activities available to all. Locations are handicap-accessible. Please contact us 2 weeks before events for any special assistance.-*

**1**

**SPRING BREAK REMINDER: CONTACT DCC IF**

• you're NOT going to be doing care or NOT going to be home at any time  
[kay@daycareconnection.org](mailto:kay@daycareconnection.org)  
 529-1200

**2**

**SPRING BREAK REMINDER: MAIL NEW ENROLLMENTS FOR**

• any kids claimed, sibling or otherwise the day they're 1st in your care... not at end of month

**3**

**SPRING BREAK REMINDER: GET KIDDOS OUTSIDE**

• anyway you can— clear away dead leaves, play hide & seek, dig in the sand, walk around the block, smell the fresh air

Ah, the pure JOY!



CELEBRATE NATIONAL  
**CACFP** WEEK   
 March 17-23, 2019

SERVING OVER 4 MILLION CHILDREN  
 with healthy meals and snacks daily.

## FROM PACIFIERS TO PULL-UPS

**Special 6 hr training: SAT, MAY 4th, 9-2:30PM @OP Church of Christ**

• 6 hrs licensing/2 hrs CACFP credits • prizes • fire extinguisher checks • giggles galore! • 119/Pflumm, 13400 W 119th, 66213

Your personal invitation will be arriving soon for DCC's NEW spring, 6-hr training! Folks, this fun learning event is full of what you need... useful & interesting info just right for family day care home businesses.

Important topics include:

**“AGES/STAGES/GAGES...OH MY!”**

Jordyn Phipps, educator/past provider

~walking you through early childhood development~

**“TERRIFIC TYKES AT YOUR TABLE”**

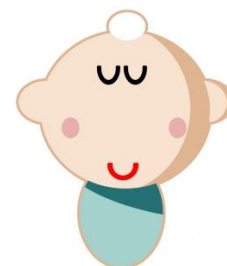
Kelly Cahill/Kathy Poulter, DCC Home Visitors

~making the most of mealtimes for your littlest~

**“NEW PARENTS: TEACHING ‘EM THROUGH THE BACK DOOR”**

Valerie Cable, DCC Director

~learning how to gently train them~



All this, plus, sharing & support from your fellow providers! Speakers bring warmth, understanding of your profession, as well as extensive education & experience. Enjoy a lovely ladies' box lunch. Space IS limited. Your special invitation & return RSVP form will be mailed after Apr 1st. Do return quickly. Plan now to join DCC's provider community with this very enjoyable way to complete your crediting hours!

## VISITORS' VIEWS



DCC Home Visitors repeatedly say what a fabulous bunch of providers we have in our DCC family! Yes, there are times they hear a bit of negative rumbling when check notes arrive. DCC must send these for ALL corrections. It's part of our required-USDA role as a food program sponsor. We realize it's easy to slip every now & then. No one is perfect & nearly every caregiver has gotten a note on something. So... don't feel singled out. Remind yourself the entire program is based on nutrition "education", NOT nutrition "perfection". So, give yourselves a hug for a job truly well done!

## REFERRALS & YOU

Ever wonder why more parents don't contact you? Well, be honest with yourself. Do you often screen calls or let your recorded message play "secretary"? It's important to understand potential day care customers don't always like to leave a message. They simply move on down a list to the next available name. Most of our caregivers who are regularly kept full are easily contacted via telephone. So, think about it. Are you sure you want to screen all those calls?

