



DCC Newsletter

Open hearts... open hands... for our caregiving community!

“GOT GRIT?!”

THUR, MAR 28th, 7PM @OP Lutheran

• 2 hrs licensing credits

• FREE

• 7810 W 79th, 66204

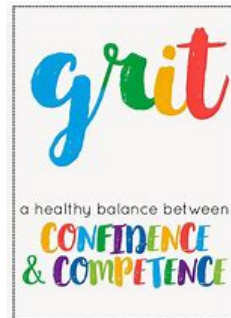


STRESS! It's normal. It's natural. It's inevitable. It's not going away any time soon... from anyone's life. But, we can learn some simple strategies to help US manage STRESS-before STRESS manages US.

We'll talk about the good, the bad & the ugly which stress brings to caregivers' lives & how to stay in the game when you just want to quit. In this newly designed Kansas Dept. of Education course, Professor Rebecca DeYoung-Daniels (a speaker many of have enjoyed in the

past) will teach how to apply strategies for managing stress in your day care homes. By identifying the meaning of stress, its cause & consequences, participants can better manage this anxiety & actually use it for personal benefits. Plan TODAY to come & soak up this valuable info. The possibility of what this training can achieve in both your personal & professional life is endless.

RSVP: valerie@daycareconnection.org or 529-1200



Welcome these Providers to Our DCC “Family”!

[Kellie Thomeczek](#) - Green Sprgs

CPR/1st AID @DCC

SAT, FEB 16, 8:30AM

(RSVP by 2/6)

SAT, MAR 23, 8:30AM

(RSVP by 3/13)

Course is excellently given by Tiffany Saturday, EMT. Send \$70 check to DCC, 8853 Long, Lenexa, KS 66215, with preferred date on memo line OR call & use credit card, 529-1200.



• 6 hrs licensing (please bring lunch) • non-refundable fee

Calendar Reminders

2/5 4:30PM, MENUS DUE open-8PM, 6:30PM video: “Movin’ & Groovin’”
2/16 8:30AM, CPR/1st Aid
2/18 DCC closed
3/5 4:30PM, MENUS DUE open-8PM, 6:30PM video: “Germ Busters”



We don't “babysit”!

USDA is an equal opportunity provider.

-DCC is committed to making workshop activities available to all. Locations are handicap-accessible. Please contact us 2 weeks before events for any special assistance.-

1

DCC'S 2019 ACTIVITY & RECORD KEEPING CALENDAR

- complete resource guide for family day care tax & business needs
- excellent system to track financial records
- wonderful learning activities • super recipes

Call or drop by today!

2

TOM COPELAND'S TAX WORKBOOK & ORGANIZER

- new format carrying wealth of info from THE “Tax Guru” of our family day care industry

\$21 @DCC

(Be sure to give parents your Tax ID # or Social Security # for tax records. It's the law!)

3

REMIND PARENTS OF THE U.S. EARNED INCOME TAX CREDIT

- special tax benefit for working parents who earn below a certain amount
- if qualified, they owe less in taxes & may get cash back

call IRS: 800-829-1040



Try an adorable Celery Heart-Shaped Valentine-easy for all ages!

Homemade Valentines are the best! But they can be quite time-consuming. This is a quick & simple way to make really cute ones which appeal to all ages!

Cut celery stalks. They look just like hearts!
Dip those into paint & stamp them all over on any kind of paper.



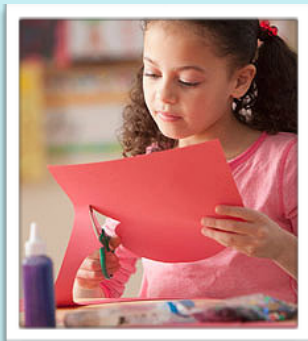
Older kids can write a poem such as:

*Roses are red, Violets are blue,
I'm so lucky to be friends with you!*

Then, cover the poem with celery heart stamps.

For younger ones you can write something to give to parents & have them stamp all over the paper. Fold & put into decorated envelope, & voila!

You have a handmade, heart-touching Valentine,
made from your loving
home day care business!



VISITORS' VIEWS

DCC Home Visitors have kept you aware of any slight tweaks of existing food program rules. These all help to maintain the integrity for future funding decisions! So, please... please, make sure to:

- fill in your Menus & Daily Attendance Roster completely every day. It's amazing to our staff how many times haste costs caregivers \$\$.
- e-mail or call if you don't do care. This is a required mandate many forget.
- get your required 2 hrs, annual nutrition training done by summer's end. We truly make ALL our trainings interesting AND fun, + it's easy to have this be part of your licensing requirement.

REFERRALS & YOU

Did you know you can help yourself & your business by participating in all types of training opportunities? Make sure parents know you attend. (DCC's workshops are authorized by JoCo Health Dept & KS Dept of Education. Our topics are what our caregivers tell us they want to see addressed ... NOT what we tell you to come learn.) Even the best child care business will stay childless if parents aren't aware what services you employ &/or what skills you continually enhance.



SAVE the Date: May 4th

- OUR NEXT 6HR TRNG— Plan now to attend "FROM PACIFIERS TO PULL-UPS". Details will be come via your own private USPS invitation in couple of months, but for now... DO save the date!