



# DCC Newsletter

Be thankful.

## A Time to Pause & Be Grateful



Thanksgiving is a time to pause & give thanks for all the good things present in our lives. Far too often, the trials & tribulations of a worried nation amidst our harried days seem to overshadow the sweeter moments in time. DCC staff wants you to know how very grateful we are to be able to serve you. You care for our most precious

commodity, innocent children. You work hard, often unnoticed. Your efforts help toward the healthy development of these little ones. You struggle to get it all done, to be a good caregiver... not just a "babysitter". For this & so much more, we thank you!

**You're warmly invited to DCC's-**

## HEALTHY HOLIDAY HAPPENINGS

**MON, DEC 3rd, 7PM  
@OP Church of Christ**

• 2 hrs licensing/CACFP credits • FREE • 119/Pflumm, 13400 W 119th, 66213

This is the one that's so very joyful! Enjoy great recipes, survival tips, gifts for all (thanks to Debbie Cain & her elves) AND MUCH holiday mirth.

Please bring exchange gift (\$5 limit), potluck dish to share & canned/dried food donation for women's shelter.

Join DCC staff & fellow caregivers as we traditionally ring in this joyous time together. Come on & catch the spirit of the season!

• RSVP: [valerie@daycareconnection.org](mailto:valerie@daycareconnection.org) or 529-1200



## Welcome these Providers to Our DCC "Family"!

Victoria Frazier- Horizon  
Samantha Lefebvre- GreenSprgs

## CPR/1st AID @DCC

SAT, NOV 10, 8:30AM  
(RSVP by 11/2)

SAT, DEC 8, 8:30AM  
(RSVP by 11/28)

Course is excellently given by Tiffany Saturday, EMT. Send \$70 check to DCC, 8853 Long, Lenexa, KS 66215, with preferred date on memo line OR call & use credit card, 529-1200.



• 6 hrs licensing (please bring lunch) • non-refundable fee

## Calendar Reminders

**11/5** 4:30PM, MENUS DUE  
**11/6** open-8PM, 6:30PM video: "Junk Food Wars/Supersize Me"  
**11/10** 8:30AM, CPR/1stAid  
**11/22-23** DCC closed  
**12/3 PROVIDER HOLIDAY PARTY!**  
**12/4** NO evening hrs or video trng  
**12/8** 8:30AM, CPR/1stAid



**We don't "babysit"!**

USDA is an equal opportunity provider.

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### "WG" REMINDERS

• Please remember to write these 2 letters by appr'd cereals as well as: eligible oatmeal, quinoa, brown rice or other items which meet this criteria.

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### PROTIENS

• Instead of the boring basics (chicken nuggets, hot dogs, pizza, grilled cheese), be different by serving a variety of proteins (eggs, fish, dried beans, cottage cheese, etc).

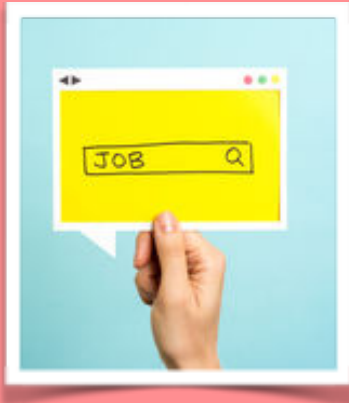
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### RULE FOR SNACKS

• When serving fruits/veggies, it's important to keep in mind to serve 1 fruit & 1veggie but NOT 2 fruits or 2 veggies.

## A PROVIDER'S VIEWPOINT-

### “ANYONE WANT A FEDERAL GOVERNMENT SIDE JOB 1X/MONTH DOING OFFICE WORK THAT TAKES ABOUT 4 HOURS & PAYS \$50/HOUR?”



I have maybe a new way to look at the sometimes hassle of participating in food program?

I think it takes about 2-4 hours/month planning & recordkeeping. Currently I'm at the higher tier. If I wasn't, & my checks were \$200, that's \$50/hour I'm being paid to plan/record menus & count heads. I'm not counting grocery shopping & meal prep/clean up, because that's something we'd have to do anyway even if we weren't in child care. So...whenever my husband grumbles about all the crud the Fed requires of me, I tell him, "Yeah, but I'm getting paid over \$100/hour to do this".

Would I rather be watching Netflix than deal with the paper work?

Sure! But why is it that we're willing & HAPPY to watch a 4 year old child for 9 hours a day for \$30 a day (\$3.33/hour) but we moan about 4 hours a month to make \$200?"

*-long-time caregiver/CACFP participant, Sonja Mollison*

## REFERRALS & YOU

As you look ahead to this holiday season, remember it's the slowest time of year for day care referrals. To help promote your business best, make sure you:

- 1) Update your DCC referral info monthly by calling 913-529-1200, putting info on CACFP Cover Sheet or emailing to [kay@daycareconnection.org](mailto:kay@daycareconnection.org).
- 2) Broadcast your openings to all, especially current parents.
- 3) Sound professional over your phone.
- 4) Have rates competitive to others in your area.

For best results, look at what you're offering & take these tips into consideration.



## B-I-G opportunity for DCC at the holidays & beyond

When you shop using Amazon, please help our agency by going to: [smile.amazon.com](https://smile.amazon.com). After signing in, enter "Select a Charitable Organization to Start Shopping" link on the screen. Next, select your organization. Simply type: "Day Care Connection". You'll be prompted to select our agency in Lenexa, KS. Automatically, you're then taken to regular shopping screen. DCC receives .05% of certain items spent by using this link. It's Amazon's way of donating to charities. You get to shop with convenience, while knowing you've helped us, too! We humbly thank you.

For a limited time, your support goes 10 times as far  
From Oct 29 – Nov 2, Amazon is donating 5%  
(10 times the usual rate) when you shop at  
[smile.amazon.com](https://smile.amazon.com)

*-DCC is committed to making workshop activities available to all.  
Locations are handicap-accessible.  
Please contact us 2 weeks before events for any special assistance needed.-*