



# DCC Newsletter

Autumn-a time for color in our lives!

## FOLLOW THE YELLOW BRICK ROAD: PATHS TO BETTER CHILD CARE

**SAT, OCT 27TH, 8:30AM-3PM @OP Church of Christ**

• **6 hrs licensing**/2 hrs CACFP credits • prizes • giggles galore! • 119/Pflumm, 13400 W 119th 66213

Your personal invitation will be arriving soon for DCC's NEW fall, **6 hour training!** Folks, this fun learning event is full of what you need...useful & interesting info just right for family day care home businesses. Important topics include:

### ADD A LITTLE SPICE TO YOUR LIFE

Rebecca DeYoung Daniels, KSU Professor  
~hands-on learning far more than the spice aisle



### NEW TWISTS ON MARKETING YOUR DAY CARE

Nancy Webb, DCC Staff/Provider Peer Panel  
~put yourself out there & actually get results

### WHERE THE WILD THINGS ARE

Anne Meeker, Motivational Speaker  
~supporting young kids with challenging behaviors



All this, plus, sharing & support from your fellow providers! Speakers bring warmth, understanding of your profession, as well as extensive education & experience. Enjoy a bountiful boxed lunch. Space IS limited. Your individual invitation has been sent. Please return RSVP form along with registration fee quickly. Plan now to join us on "Dorothy's path" with this very enjoyable way to complete your crediting hours!

**1**

**FIRE EXTINGUISHER  
CHECKS AT WORKSHOP  
LOCATION ABOVE-  
OCT 27TH, 7:30-8:30AM**

- offered as a convenience for all of you
- come & mark this off your to-do list for licensing

**2**

**COVER SHEET  
INFANT NOTES**

- do explain what parents are having you do...
- IE: mom only wants solids at breakfasts or parents don't want any food at snacks

**3**

**HOLIDAYS REMINDER Q/A**

Q- Can providers claim weekends & major holidays any more?  
A- No! Since DCC staff can't truly monitor meals, they're not allowed to be claimed. This refers ONLY to: New Year's Day, Memorial Day, July 4th, Labor Day, Thanksgiving & Christmas.

### Welcome these Providers to Our DCC "Family"!

Teri Barlow-	Stanley
Sarah Bays-	Nike
Cindy Thomas-	Edgerton

### CPR/1st AID @DCC

SAT, OCT 13, 8:30AM

(RSVP by 10/3)

SAT, NOV 10, 8:30AM

(RSVP by 10/31)

Course is excellently given by Tiffany Saturday, EMT. Send \$70 check to DCC, 8853 Long, Lenexa, KS



66215, with preferred date on memo line OR call & use credit card, 529-1200.  
• 6 hrs licensing (please bring lunch) • non-refundable fee

### **Calendar Reminders**

**10/2** open-8PM, 6:30PM video: "Different or Developmentally Typical?"  
**10/3** 4:30PM, **MENUS DUE**  
**10/8** DCC closed  
**10/13** 8:30AM, CPR/1stAid  
**10/27** **"FOLLOW THE YELLOW BRICK ROAD: PATHS TO BETTER CHILD CARE"** 6-Hr trng  
**11/6** open-8PM, 6:30PM videos: "Junk Food Wars"/"Supersize Me"



**We don't "babysit"!**

USDA is an equal opportunity provider.

## VISITORS' VIEWS-



## IMPORTANT!!

Oct 1st begins a new year for USDA's Child & Adult Care Food Program. Everyone wants the money received to support a healthier lifestyle for all little ones in your care! So, the following rules WILL be enforced.

Your DCC Home Visitor now needs to see upon arrival:

- **Yellow copies of all Enrollment Forms**
- **Up-to date Menus**
- **Up-to date Attendance Rosters with day care kids ages listed & your own kids included**

- **Whole-Grain (WG) item served daily**
- **Low-sugar yogurt served**
- **Approved cereal brands (WG &/or low-sugar options) served**
- **Appropriate milk served: (1-2 yrs = whole milk, 2+ yrs = skim or 1%)**

Please help by following these rules so we don't have to do any deductions. Feel free to call with questions. Together, we CAN be successful for you AND your kids!

## Get Moving...Plan Physical Activities in Your Child Care

One of the best ways for preschoolers to be physically active is to let each child be active naturally!

Give them plenty of time to move & appropriate space to do so. You don't need to have a lot of equipment & space to offer quality physical activities. Create stations with different activities, like tossing & jumping in your child care room. Bring active play to small spaces. Put masking tape on the floor to show where they can move. This allows kids to move a great deal in a limited space without disturbing others.

Good physical activity time for young children is playful & fun, with a balance of free play & guided discovery. The most important message in being active is that using your body can be fun. Each child must find the activities that are right for him or her. Because young children lack muscular endurance, they tire easily & quickly but also recover quickly. Plan short bursts of activity, with time for them to rest in between.



## REFERRALS & YOU

Thanks to all our dear Day Care Connection caregivers who update us monthly with their openings by remembering to mark their CACFP Cover Sheets. If you're requesting part-time care, please define it (days?/hours?/ages?) so we can make a great match. This helps our agency give the best possible up-to-date info to parents we serve. It also helps sustain our reputation as the BEST referral service in town. Again, we do appreciate your efforts in making the entire system run smoothly for all!