



# DCC Newsletter

Be thankful.



## A Time to Pause & Be Grateful

Thanksgiving is a time to pause & give thanks for all the good things present in our lives. Far too often, the trials & tribulations of harried days seem to overshadow the sweeter moments in time. DCC staff wants you to know how very grateful we are to be able to serve you. You care for our most precious commodity, innocent children.

You work hard, often unnoticed. Your efforts help toward the healthy development of these little ones. You struggle to get it all done, to be a good caregiver... not just a "babysitter". For this & so much more, we thank you!

**You're warmly invited to DCC's-**

## HEALTHY HOLIDAY HAPPENINGS

**THUR, NOV 30TH, 7PM  
@OP Church of Christ**

- 2 hrs licensing/CACFP credits
- FREE
- 119/Pflumm, 13400 W 119th, 66213

This is the one that's so very joyful! Enjoy great recipes, survival tips, gifts for all (thanks to Debbie Cain & her elves) AND MUCH holiday mirth. Please bring exchange gift (\$5 limit), potluck dish to share & canned/dried food donation for women's shelter.

Join DCC staff & fellow caregivers as we traditionally ring in this joyous time together. Come on & catch the spirit of the season!

- RSVP: [valerie@daycareconnection.org](mailto:valerie@daycareconnection.org) or 529-1200



## Welcome these Providers to Our DCC "Family"!

<u>Katie Hadel-</u>	Wellsville
<u>Carrie Madden-</u>	Morse
<u>Stella Parker-</u>	Green Sprgs
<u>Angela Stricker</u>	Sunset Ridge

## CPR/1st AID @DCC

SAT, NOV 4, 8:30AM  
(RSVP by 11/1)

SAT, DEC 2, 8:30AM  
(RSVP by 11/22)

Course is excellently given by Tiffany Saturday, EMT. Send \$70 check to DCC,



8853 Long, Lenexa, KS 66215, with preferred date on memo line OR call & use credit card, 529-1200.  
• 6 hrs licensing (please bring lunch) • non-refundable fee

## Calendar Reminders

**11/3 4:30PM, MENUS DUE**  
**11/4 8:30AM, CPR/1stAid**  
**11/7 open-8PM, 6:30PM video: "Child Abuse: Your Responsibility/Protecting Yourself"**  
**11/10, 23-24 DCC closed**  
**11/30 PROVIDER HOLIDAY PARTY!**  
**12/2 8:30AM, CPR/1stAid**



**We don't "babysit"!**

*USDA is an equal opportunity provider.*

**1**

**HAVE A HUNGRY EATER WITH A BIG APPETITE IN YOUR HOME?**

- consider letting him/her eat as much as they want, within reason, as long as 1/2 of all they eat is fruits/veggies

**2**

**SO TRUE... EVEN THAT LONG AGO**

- "Physical fitness is not only one of the most important keys to a healthy body, it is the basis of dynamic & creative intellectual activity".

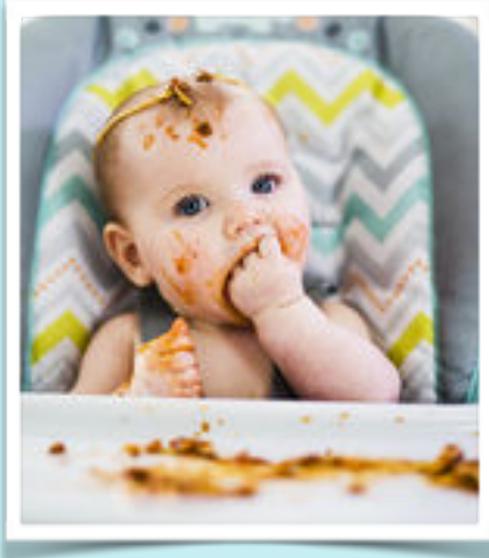
-John F. Kennedy

**3**

**Q-#1 SIGN OF DEHYDRATION? A-HUNGER**

- Bodies often confuse these two. Kids can have difficulty because they feel tired or hungry, both of which could be signs of dehydration. Be sure to regularly offer water.

## VISITORS' VIEWS-



## IMPORTANT TO REMEMBER WHEN CLAIMING INFANTS

As you know, guidelines have recently changed, in order to claim infants on CACFP. DCC Visitors want to remind their providers of a few things.

- ~ Put notes on Cover Sheet telling what parents request for their baby. Infant feeding is now viewed as "parent-led" & DCC needs to see what they desire.
- ~ Snack components for those 6 months or older now consists of more than just breastmilk or formula. It must have:
  - 1) breastmilk (BM) or formula + iron (F+I)
  - &
  - 2) bread or crackers, or infant cereal, or ready-to-eat cereal
  - &
  - 3) veggie or fruit or both.

## REFERRALS & YOU

As you look ahead to this holiday season, remember it's the slowest time of year for day care referrals. To help promote your business best, make sure you:

- 1) Update your DCC referral info monthly by calling 913-529-1200, putting info on CACFP Cover Sheet or emailing to [kay@daycareconnection.org](mailto:kay@daycareconnection.org).
- 2) Broadcast your openings to all, especially current parents.
- 3) Sound professional over your phone.
- 4) Have rates competitive to others in your area.

For best results, look at what you're offering & take these tips into consideration.



## B-I-G opportunity for DCC at the holidays & beyond

When you shop using Amazon, please help our agency by going to: [smile.amazon.com](https://smile.amazon.com). After signing in, enter "Select a Charitable Organization to Start Shopping" link on the screen. Next, select your organization. Please type: "Day Care Connection". You'll be prompted to select our agency in Lenexa, KS. Automatically, you're then taken to regular shopping screen. DCC receives .05% of certain items spent by using this link. It's Amazon's way of donating to charities. You get to shop with convenience, while knowing you've helped us, too! We humbly thank you.



*-DCC is committed to making workshop activities available to all. Locations are handicap-accessible. Please contact us 2 weeks before events for any special assistance needed.-*