

# DCC Newsletter

Spring-like weather... a "gift" for our caregiving community!



USDA released updated CACFP Meal Patterns last April, which go into effect in Oct.

These will ensure the very children our program helps will receive a greater variety of veggies & fruits, more whole grains & fewer added sugars & saturated fats! DCC Staff is

currently being trained, to turn around, & in turn, teach all of you a clear understanding of the new guidelines & simple strategies for talking with parents about the healthy changes. Plan now to come to AN ALL-IMPORTANT training evening. Simply pick your night:

HERE'S THE SCOOP!

UPCOMING FOOD PROGRAM CHANGES...

> BETTER FOR YOU...



# **BETTER FOR THEM!**

• 2 hrs licensing/CACFP credits • FREE • Door Prizes!

TUES, APR 25TH, 7PM @Lenexa United Methodist Church or WED, APR 26TH, 7PM @White Church Christian Church or THUR, APR 27TH, 7PM @OP Church of Christ

This is IMPORTANT to attend. Learn how easy & healthy the future will be with our special beach-themed evening. Come & see all DCC's new, fun materials designed just for our busy DCC population!

• RSVP: marcie@daycareconnection.org or 529-1200

#### Welcome these Providers to Our DCC "Family"!

Euslah KigenFatoumata KonareWilliam MandryLeilani PowellNecol Withers
Briarwood
Rosenile
Timber Creek
Apache

#### CPR/1st AID @DCC

SAT, MAR 18, 8:30AM (RSVP by 3/8) SAT, APR 22, 8:30AM (RSVP by 4/12)

Course is excellently given by Tiffany Saturday, EMT.



Send \$70 check to DCC, 8853 Long, Lenexa, KS 66215, with preferred date on memo line OR call & use credit card, 529-1200.

• 6 hrs licensing (please bring lunch) • non-refundable fee

#### Calendar Reminders

3/3 4:30PM, MENUS DUE 3/7 open-8PM, 6:30PM video: "Attention Deficit Disorder" 3/18 8:30AM, CPR/1st Aid 4/4 open-8PM, 6:30PM video: "Adults & Children Against Violence" 4/25, 4/26, 4/27 (Pick 1) 7PM, HERE'S THE SCOOP workshop!



We don't "babysit"!

DCC is an equal opportunity provider.



SPRING BREAK
REMINDER:
MAIL NEW ENROLLMENTS
FOR

• any kids claimed, sibling

or otherwise the day they're 1st in your care...

not at end of month

SPRING BREAK
REMINDER:
GET KIDDOS OUTSIDE
IN

• anyway you can- clear
away dead leaves, play
hide & seek, dig in the
sand, walk around the

block, smell the fresh air

# 529-1200

### National CACFP Week, March 12-18

CACFP Week is a national education & information campaign sponsored by the National CACFP Sponsors Association. It's designed to raise awareness of how this USDA program works to combat hunger & bring foods to the table for adults in day care & children in child care homes, centers, & in after-school & summer feeding programs across the country. When we all join forces & work together, the message we provide is stronger in our community & in Congress!



Please share with ANYone you can it's true benefits. Educate parents, neighbors, church friends, relatives, etc, about just how Child & Adult Care Food Program helps caregivers to: serve nutritious meals, promote good nutrition for growing minds/bodies & ensure long-term health benefits!



## **VISITORS' VIEWS**

DCC Home Visitors repeatedly say is what a fabulous bunch of providers we have in our DCC family! And, yes, there are times they hear a bit of negative rumbling when check notes arrive. DCC must send these for ALL corrections. It's part of our required-USDA role as a food program sponsor. We realize it's easy to slip every now & then. No one is perfect & nearly every caregiver has gotten a note on something. So... don't feel singled out. Remind yourself the entire program is based on nutrition "education", NOT nutrition "perfection". So, give yourselves a hug for a job truly well done!

# **REFERRALS & YOU**

Ever wonder why more parents don't contact you? Well, be honest with yourself. Do you often screen calls or let your recorded message play "secretary"? It's important to understand potential day care customers don't always like to leave a message. They simply move on down a list to the next available name. Most of our caregivers who are regularly kept full are easily contacted via telephone. So, think about it. Are you sure you want to screen all those calls?!

