



DCC Newsletter

It's a new year... a new look for our caregiving community!



Chat & Chew with Your Chums- FOOD 4 THOUGHT

MON, FEB 27TH, 7PM @White Church Christian Church

• 2 hrs licensing/CACFP credits • FREE • 1 block N 85th/Parallel, 2200 N 85th, 66109

Tons of you always enjoy our Home Visitors' fun, annual training. Good nutrition is one of the best ways to support healthy brain development. Learn the importance of dietary fat, ways to maximize brain function & how high fat & sugar foods can influence the brain's reward center. We guarantee you'll gain strategies to encourage positive habits, which promote overall healthy nutrition! And, all with an extra dose of humor! What a super learning event, complete with samples to nibble, door prizes & giggles galore!

• RSVP: marcie@daycareconnection.org or 529-1200

Welcome these Providers to Our DCC "Family"!

<u>Dorothy Allen-</u>	Diemer
<u>Meghan Conley-</u>	Louisburg
<u>Sandra Crockett-</u>	Hazel Grove
<u>Mark Geither-</u>	Apache
<u>Brenda Morris-</u>	Tomahawk
<u>Natasha O'Brien-</u>	Spring Hill
<u>Lindsay White-</u>	Walnut Grove

CPR/1st AID @DCC

SAT, Feb 18, 8:30AM

(RSVP by 2/8)

SAT, MAR 18, 8:30AM

(RSVP by 3/8)

Course is excellently given by Tiffany Saturday, EMT.



Send \$70 check to DCC, 8853 Long, Lenexa, KS 66215, with preferred date on memo line OR call & use credit card, 529-1200.

• 6 hrs licensing (please bring lunch) • non-refundable fee

Calendar Reminders

- 2/3 4:30PM, MENUS DUE
- 2/7 open- 8PM, 6:30PM video: "Are We Poisoning Our Children?"
- 2/18 8:30AM, CPR/1st Aid
- 2/20 DCC closed
- 2/27 7PM, FOOD 4 THOUGHT workshop!
- 3/7 open- 8PM, 6:30PM video: "Attention Deficit Disorder"



We don't "babysit"!

USDA is an equal opportunity provider.

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DCC'S 2017 ACTIVITY & RECORD KEEPING CALENDAR

- complete resource guide for family day care tax & business needs
 - excellent system to track financial records
 - wonderful learning activities • super recipes
- \$10 @DCC or \$14 mailed

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TOM COPELAND'S 2016 FAMILY DAY CARE TAX BOOKS

- wealth of info from THE "Tax Guru" of our family day care industry

\$20 @DCC

(Be sure to give parents your Tax ID # or Social Security # for tax records. It's the law!)

3

REMIND PARENTS OF THE U.S. EARNED INCOME TAX CREDIT

- special tax benefit for working parents who earn below a certain amount
- if qualified, they owe less in taxes & may get cash back

call IRS: 800-829-1040

USDA released updated CACFP Meal Patterns last April, which go into effect in Oct.



These will ensure the very children our program helps will receive a greater variety of veggies & fruits, more whole grains & fewer added sugars & saturated fats!

DCC Staff is currently being trained, to turn around, & in turn, teach all of you a clear understanding of the new guidelines & simple strategies for talking with parents about the healthy changes.

Plan now to come to AN ALL-IMPORTANT training evening. Simply pick your night:

Here's the Scoop:

UPCOMING FOOD PROGRAM CHANGES... BETTER FOR YOU... BETTER FOR THEM!

• 2 hrs licensing/CACFP credits • FREE

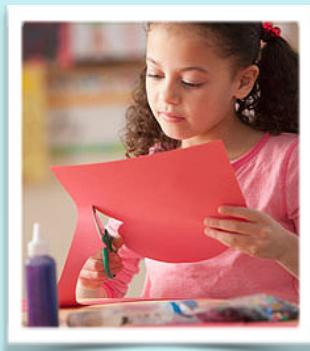
TUES, APR 25TH, 7PM @Lenexa United Methodist Church

WED, APR 26TH, 7PM @White Church Christian Church

THUR, APR 27TH, 7PM @OP Church of Christ

Come & see all DCC's new, fun materials designed just for our busy DCC population!

• RSVP: marcie@daycareconnection.org or 529-1200



VISITORS' VIEWS

DCC Home Visitors have kept you aware of a somewhat stronger enforcement of existing food program rules. These all help to maintain the integrity for future funding decisions! So, please...please, make sure to:

- fill in your Menus & Daily Attendance Roster completely every day. It's amazing to our staff how many times haste costs caregivers \$.
- e-mail or call if you don't do care. This is a required mandate many forget.
- get your required 2 hrs, annual nutrition training done by summer's end. We truly make ALL our trainings interesting AND fun.

REFERRALS & YOU

Did you know you can help yourself & your business by participating in all types of training opportunities? Make sure parents know you attend. (DCC's workshops are authorized by JoCo Health Dept & KS Dept of Education. Our topics are what our caregivers tell us they want to see addressed ... NOT what we tell you to come learn.) Even the best child care business will stay childless if parents aren't aware what services you employ &/or what skills you continually enhance.

