

DCCExtra

Bit of This & That

Day Care Connection CACFP Check Insert

9/16



DCC staff asks all our dear caregivers to remind parents & spouses it's **United Way Campaign** time. We aren't a specific United Way agency. But, with your help, non-profits like us can receive these badly needed funds. Simply request Option D-Donor Designation Card from your employer & mark "Non-United Way Agency" as: Day Care Connection, 8855 Long, Lenexa, KS, 66215. Donations over \$25 will be forwarded to us, less admin costs. Also, the same kind of effort gears up for all federal workers, the **Combined Federal Campaign**. DCC is approved to receive these donations, only if US govt workers designate us as their agency of choice. THANKS in advance for caring about our littlest!!



• Labor Day

Please remember to put a note on your CACFP Cover sheet indicating you actually did care on any holiday. Otherwise, DCC is required to assume you made an error in claiming kids & MUST DEDUCT those meals. We thank you.

DCC office hrs

Office Hrs: M-F, 8:30-4:30
Make/Take Supplies, Resource Cntr: 1st Tues, monthly- 8PM,
Taped Trngs: 1st Tues, monthly

DCC



video trngs

SEP

6 "Beyond Grilled Cheese"

OCT NO Video trng/

6 office closed in evening

(All begin @6:30PM. These group video trainings DO count as health dept credits.)

• A "CUT" ABOVE: SUPERIOR SELECTIONS FOR YOUR CHILD CARE



**SAT, OCT 29th,
9AM - 2:30PM
@LENEXA
UNITED
METHODIST
CHURCH**

9138 Caenen Lake Rd, 66215 (Old Town Lenexa)

Your personal invitation will be arriving in a few wks for DCC's NEW fall, 5 hr trng! Folks, this fun learning event is full of what you need... useful & interesting info just right for family day care home businesses.

Important topics include:

"Human Attachment: a Practical Approach"

Kimberly Levitan,
Playful Solutions

"Move to the Beat of Your Own Drum"&"Vital Vitamins"

Rebecca DeYoung-Daniels,
KSU Dietetics Professor

"De-Stressing the Child Care Setting with Yoga"

Cynthia Herdt,
JCCC seminar instructor

All this, plus, sharing & support from your fellow providers! Speakers bring warmth, understanding of your profession, as well as extensive education & experience. Enjoy fun & different boxed lunches. Come & catch the spirit! Space IS limited.

Watch for your special invite & return RSVP form/\$ quickly.

(5 hrs licensing/2 hrs required-CACFP credits)

• Fire Extinguisher Checks-8:15-9:30AM

-same day, same place



help us help you

Menu Processors have been seeing 2 things which could produce inaccurate CACFP checks. 1) Please don't add far right column (where meals are totaled across), downward. Each kind of meal is worth a different amount & adding them downward serves no purpose. 2) Please do double check your math. We also add meals but haiving your numbers correct, helps us verify our accuracy. THANKS.

"CPR/1ST AID":

• **SAT, Oct 22nd, 8:30AM, @DCC** RSVP by 10/12.

• **SAT, Dec 3rd, 8:30AM, @DCC** RSVP by 11/23.

Tiffany Saturday, EMT, is excellent in understanding just what providers have to be responsible for these days! CPR/ Pediatric 1st Aid (6 hr) combined class is \$70. (Fee is non-refundable as materials/teacher must be planned.) Please bring lunch.



Send ck to: "DCC", 8855 Long, Lenexa, 66215. Write preferred date on "memo" line.

calendar reminders



We don't "babysit"!

•9/5 Labor Day -DCC closed-

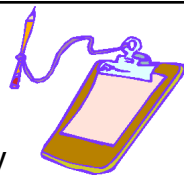
•9/6 **MENUS DUE!**

•10/29 **A "CUT"**

ABOVE: SUPERIOR SELECTIONS FOR YOUR CHILD CARE

(Call DCC @529-1200, for info or to RSVP.)

visitors' views



Kelly, Nancy & Kathy remind you it's USDA policy that they must see menus on appr'd DCC forms when they drop by for their quick visits! Always keep menus up-to-date daily for the most correct recording of what was actually served & who actually ate, and... to ensure continued reimbursement!



at lunch the kids were...

- ~ wasting oranges, until I chopped them into small bites.
- ~ not enjoying chili, until I crumbled tortilla chips into bottom of bowls.
- ~ not eating roast beef, until I put it into veg/noodle soup.
- ~ not eating baked beans, until I served cold canned pork 'n beans.
- ~ picky with dark green veggies until I offered 2 different choices on the table.
- ~ leaving cottage cheese till last, until I added 1 t of jam on top.
- ~ avoiding raw veggies, until I served with cheese dip at snack.
- ~ bored with scrambled eggs until I added chopped green pepper & cheese.
- ~ disliking food even before eating, until I stopped immediately naming it.
- ~ not excited about the meal, until I let them into the kitchen to help prepare.
- ~ not finishing their plates until I followed minimum CACFP requirements & stopped expecting them to eat so much.
- ~ just naming foods, until I taught them to identify nutrient sources & what each does for our bodies.
- ~ continually chewing a wad of poultry, until I chopped the cooked meat & served it in gravy or sauce.
- ~ having difficulty with a celery stick, until I cut it into bite-size pieces & stuffed with pb.
- ~ seemingly trying to see who could be the slowest eater & last to finish, until I planned a fun activity to be started directly after meal!

often-forgotten CACFP rule

All day care homes should keep copies (either paper or electronically) of:

- Enrollment Forms
- Menus/Attendance
- Home Visits
- Trng Certificates.



These documents must be kept for 3 years + current year. Current year + last year must be in your home. The rest may be stored off site. (Don't make the mistake of thinking you don't have to keep these since DCC does!)

protein reminder



If you serve "spinach ravioli", "pizza", "deli sandwich", etc.... PLEASE remember to put a protein word to describe these best. You're required to serve a protein source at meals & not having 1 listed unfortunately means DCC must deduct that meal! So, do write: cheese or ham or chicken or beef or cottage cheese or fish... the choices are endless.

creative mealtimes

Try these ideas for some fun environmental changes!! Use different plates. If you keep special dinnerware stored, take out & use on an ordinary day. Or, buy a few inexpensive, colorful plates to add variety to your table. Add fruit to some of your recipes to liven up the flavor.



If you find a good deal on a tablecloth or place mats; they can certainly add pizzazz to your table!

Hmmm... something to think about

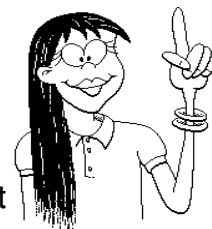
by: Ralph Waldo Emerson

To laugh often & much,
to win the respect of intelligent people & affection of children;
to earn the appreciation of honest critics & endure the betrayal of false friends;
to appreciate beauty,
to find the best in others;
to leave the world a bit better, whether by a healthy child, a garden patch or a redeemed social condition;
to know even one life has breathed easier because you have lived.



THIS is to have succeeded.

referrals & you



- Do you transport kids in your care? If so, are you transporting them to a specific school or pre-school?

Please let us know so we can update our referral system records. Call 529-1200, or e-mail marcie@daycareconnection.org
Many, many thanks.

DCC is committed to making workshop activities available to all.

Locations listed are all handicap accessible.



USDA is an equal opportunity provider .