

DCC Extra



DCC staff is asking for your help in order to help us all with a growing problem! It really makes everything SO much easier if menus are turned in on time! Imagine how it would feel when it was time to give out your CACFP check if DCC said: "We were on vacation. There isn't 1 ready." or "We were too busy. There isn't 1 ready." or "Life has just been crazy. There isn't 1 ready." This certainly includes on-line menu filers, too. PLEASE... Your menus are due by: menu drop boxes, regular mail, e-mail or DCC office door slot, 4:30PM, the 3rd working day of every new month. We'd sure hate to disallow any caregiver's meals if not turned in timely, for us to report to the govt.



FYI- Don't forget. Your annual CACFP-required, 2 hrs nutrition trng must be done by 8/1.

DCC office hrs

Office Hrs: M-F, 8:30-4:30
 Make/Take Supplies, Resource Cntr: 1st Tues, monthly- 8PM,
 Video Trngs: 1st Tues, monthly

DCC



video trngs

- JUN 7 "Bugs & Buds"
- JULY 5 "The Think Space"

(All begin @6:30PM. These group video trainings **DO** count as health dept credit

CHAT & CHEW WITH YOUR CHUMS- "COLOR THE DAY WITH FRUITS & VEGGIES" THUR, JULY 28th, 7PM



@ **OP CHURCH OF CHRIST**
 (119/Pflumm, 13400 W 119th, 66213)

Tons of you always enjoy our Home Visitors' fun annual nutrition trng. This 1 on fruits & veggies is no exception! Learn: new ways to serve old standbys, how 1 of your own uses creativity to make these more fun to eat & why portion control is truly important.

We guarantee you'll gain strategies not heard before-- & all with an extra dose of humor! What a super learning event, complete with samples to nibble, door prizes & giggles galore!

RSVP now: @529-1200 or marcie@daycareconnection.org. Remember, 2 hrs nutrition trng is required to continue CACFP \$. (2 hrs health dept/CACFP credit/FREE)

"CPR/1ST AID"

• SAT, JUN 18th, 8:30AM, @DCC

(RSVP by 6/8.) OR
 • SAT, JULY 16th, 8:30AM, @DCC

(RSVP by 7/6.)

Tiffany Saturday, EMT, is excellent in understanding just what providers have to be responsible for these days! CPR/ Pediatric 1st Aid (6 hr) combined class is \$70. (Fee is non-refundable, as materials/ teacher must be planned.)

Please bring lunch. Send ck to: "DCC", 8855 Long, Lenexa, 66215. Write preferred date on "memo" line.



CACFP-specific exceptions

These are no longer required! NO update notices for upcoming school year will be sent. However, if you've been granted special licensing exception, you still need to send DCC a copy. This will allow you to claim those extra kids on menus.

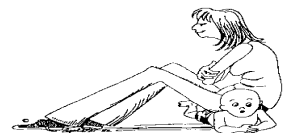
provider's creative cooking tip



Provider, Kellista Keaton, sent this yummy idea for healthier chicken nuggets in her day care.

"I do ... chicken strips or chicken nuggets. You cut chicken into desired size pieces, crush up Ritz or butter crackers, coat chicken in egg mixture then you can pour crackers into a large baggie with some salt & pepper & a pinch of paprika. Shake the chicken in the closed bag (like your own Shake 'n Bake) & bake for 20-30 minutes depending on the size of the chicken. The kids love it! I'll have to start writing "HM chicken nuggets" & try the fish recipe too! It's really easy to make a large batch on the weekend & reheat them in the oven quickly at lunchtime. :)"

calendar reminders



We don't "babysit"!

- 6/3 MENUS DUE
- 6/7 Resource Cntr/Video Trng
- 6/18 CPR/1st Aid
- 6/19 Pop's Day!
- 7/4 DCC closed- 4th of July holiday (Call DCC @529-1200, for info or to RSVP.)

visitors' views

DCC visitors (Kelly, Nancy & Kathy) encourage you to think about warm seasons upon us & how food choices need to be modified accordingly.

As you look over menus, replace some of winter's tummy warmers (chili, soups, casseroles) with cooler, fresher items (tuna, chicken or egg salad on crackers with lettuce). Create interesting sandwich alternatives by rolling contents in tortilla, serving on bagel or stuffing inside pita bread. Choose fresh fruits/veggies to take away canned or froz food blahs. Dips from cottage cheese, cheese, yogurt or salsa add to snack variety. Include quick breads for bfksts/ snacks. Above all else, don't forget to involve kids in menu planning & preparation as you increase the chances of trying new foods. In short, clean house of your old winter menus & try new approaches to food!



tow the line



DCC must warn all our dear caregivers of a sloppiness which is running rampant among our "family".

Per USDA regulations, it's your responsibility to call us-529-1200, or e-mail us-kay@daycareconnection.org

if, for any reason, you're not going to be home during normal meal times. DCC Home Visitors aren't allowed to pay for days where no one is home. And, they HATE to deduct.

Please help them help you! Call if you're going on vacation, going to the park, going swimming or just going around the block.

We do thank you.

Hmmm... something to think about

My Daddy's Hand



Daddy, take my hand in yours
& you will plainly see,
How very much I need you now
to love & care for me.
As my little hand grows,
I will need you even more,
Everything I do in life,
I have never done before.
Teach me to be kind & loving,
sharing & forgiving,
Show me through
your acts of love
the pure joy of living.
The years will pass by quickly
& one day I will be grown.
I will pass what
you have taught me
onto children of my own.
Hold me always in your thoughts
& remember when we are apart,
The special love between
a child & a daddy's heart.

Love, _____

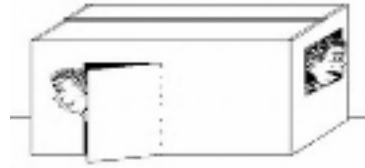


referrals & you

Our annual SURVEY OF FAMILY DAY CARE RATES is inside this envelope. Collected info from our entire population helps you remain competitive with others in the same geographical area. It also has proven to be a valuable resource for parents. Please quickly complete & return to DCC by 6/17! Thanks in advance for your participation.

low-cost summer fun at your home for older kiddos

1. Build a fort! Maybe you have a project going on & have scrap lumber laying around. If you don't, visit a local construction site & ask if you can have some scraps.



2. Paint a mural! Find a large cardboard box & cut the seams & prop it up. Have all put on paint clothes. There's no end to the imagination these kids will use!

3. Go rock collecting! Take rock hikes, looking for interesting & unusual rocks to bring home & place in flower beds. Find small rocks with a surface to draw on with magic markers. Or, paint a pretty picture with tempera for Father's Day paperweight.

4. Have an outdoor library! Have kids bring & share their favorite books & read together on your outside porch or deck. Maybe even a little music & lemonade will make them feel even more grown up!

5. Host tea parties! Spend a few hours making cookies & having a tea party. Use old-fashioned handkerchiefs for napkins, dress up in finest play clothes & decorate table with lovely nature creations.



Let all ages enjoy being outside, being creative & playing with each other.

.....
This institution is an equal opportunity provider.