

# DCC Extra

Bit of This & That

Day Care Connection CACFP Check Insert

3/16



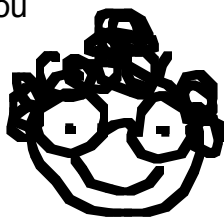
Join DCC staff in celebrating **National CACFP Week, 3/13 - 3/19, CACFP: An Indicator of Quality Child Care!**

This event is geared to educate communities about how CACFP helps caregivers to: serve nutritious meals, promote good nutrition for growing minds/ bodies & ensure long-term health benefits by creating early healthy eating habits. Have your home join in!

- \* Involve parents in planning menus.
- \* Try a new recipe & copy for parents.
- \* Give daily clues for Fri mystery menu.
- \* Invite families to share favorite food or recipe & make into a cookbook for all.
- \* Talk about different cultures & foods found in your day care families.
- \* Invite local tv, radio or newspaper person to join a day care meal.
- \* Invite elected official to join a day care meal & try to get media coverage.
- \* Have a parent appreciation breakfast.

Participating providers & centers serve meals to 3.5 million kids daily! Your promotion of CACFP ultimately helps you continue receiving reimbursement \$.

So, go ahead, & give some good PR!



## DCC office hrs

Office Hrs: M-F, 8:30-4:30  
 Make/Take Supplies, Resource Cntr: 1st Tues, monthly- 8PM,  
 Video Trngs: 1st Tues, monthly

DCC



video trngs

- **MAR**  
1 "Recordkeeping for Taxes"
  - **APR**  
5 "Storytelling Made E-Z"
- (All begin @6:30PM. These group video trainings **DO** count as health dept credits.)

## CHAT & CHEW WITH YOUR CHUMS- "COLOR THE DAY WITH FRUITS & VEGGIES" MON, FEB 29th, 7PM



### @White Church Christian Church

(1 block N 85th/Parallel, 2200 N 85th, 66109)

Tons of you always enjoy our Home Visitors' fun annual nutrition trng. This 1 on fruits & veggies is no exception! Learn: new ways to serve old standbys, how 1 of your own uses creativity to make these more fun to eat & why portion control is truly important.

We guarantee you'll gain strategies not heard before-- & all with an extra dose of humor!

What a super learning event, complete with samples to nibble, door prizes & giggles galore!

RSVP now: @529-1200 or [marcie@daycareconnection.org](mailto:marcie@daycareconnection.org). Remember, 2 hrs nutrition trng is required to continue CACFP \$.

(2 hrs health dept/CACFP credit/FREE)

### "CPR/1ST AID"

• **SAT, MAR 26th, 8:30AM, @DCC**

(RSVP by 3/16.) OR

• **SAT, APR 16th, 8:30AM, @DCC** (RSVP by 4/6.)

Tiffany Saturday, EMT, is excellent in understanding just what providers have to be responsible for these days! CPR/Pediatric 1st Aid (6 hr) combined class is \$70. (Fee is non-refundable as materials/ teacher must be planned.) Please bring lunch. Send ck to: "DCC", 8855 Long, Lenexa, 66215. Write preferred date on "memo" line.



## 2 CACFP Spring Break alerts

Please--



1) Contact DCC (529-1200) or [kay@daycareconnection.org](mailto:kay@daycareconnection.org) If you're NOT going to be doing care on any day.

2) Turn in Enrollment Forms for any child claimed ... sibling or otherwise! (Mail to DCC right away, not at month end.)

## did u know?????

When you run out of any CACFP forms, there's no need to call us.

Simply go to our website: [daycareconnection.org](http://daycareconnection.org). Pull down PROVIDERS tab & open *Provider forms* section.



All our main forms are right there for your convenience. Simply print & use!!

## calendar reminders



### We don't "babysit"!

- 2/29 "CHAT & CHEW"
- 3/1 Resource Cntr/Video Trng
- 3/3 MENUS DUE
- 3/25 Good Friday - DCC Closed
- 3/26 CPR/1st Aid
- 4/5 Resource Cntr/Video Trng MENUS DUE

(Call DCC @529-1200, for info or to RSVP.)

## visitors' views

Do you have any idea how highly Kelly, Nancy & Kathy think of each of you? Yes, there are times they hear a bit of negative rumblings when check notes are recv'd. Please understand DCC has to send out notes on ALL corrections. It's part of our required-USDA role as a CACFP sponsor. We know you must remember many little things & it's easy to slip every now & then. No one is perfect & nearly every caregiver has gotten a note on something. So... don't feel singled out. Remind yourself the entire program is about nutrition "education", NOT nutrition "perfection". Again, what is echoed in these halls is what a wonderful, fabulous bunch of providers we have! Bravo for being Y-O-U!



## Hmmm... something to think about

### DCC thanks you because they can't.

Thank you for being part of CACFP. Thank you for making each day a day of discovery for your kids. Thank you for giving meals with fruits & veggies & whole grains. Thank you for encouraging them to be active through long days indoors. Enjoy the opportunity to get outside as days warm up! Begin to think about healthy foods to be grown indoors or out in gardens this spring & summer. Thank you for touching the future through each of these kids you serve.

**CACFP-- where healthy eating becomes a habit!!**



## "SPECIAL NEEDS SATURDAY"



**SAT, APR 30th,  
9AM - 2:30PM  
@ OP CHURCH OF CHRIST**  
(119/Pflumm, 13400 W 119th, 66213)

Your personal invitation is coming soon for our very best, 5 hr trng... ever!

Folks, this fun learning event is full of what you need ... useful & interesting info just right for family day care home businesses.

Many of you have asked about: the ins & outs of caring for little ones with special needs, how to blend them with other children & how to effectively communicate with all parents.

There will be important topics presented, which will address these issues ... to make your child care business the best ever. You'll have all this, plus, sharing & support from your fellow providers!

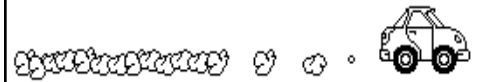
Speakers bring warmth, understanding of your profession, as well as extensive education & experience.

Enjoy our ever-popular, bountiful spring salad bar. Come & learn what it takes to build a good foundation!

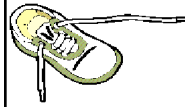
Space is limited. Watch for your special invitation & RSVP.

(5 hrs health dept/  
2 hrs CACFP credits/\$35)

## helps a coming



### PROVIDER SHARING CORNER



*It's important to get to know others in your area for mutual support.*

#### • WELCOME!

The following providers recently joined our DCC family from these schools.

Cheryl Carbajo-	Benninghoven
Tiffany Hamblin-	Walnut Grove

#### • DID YOU KNOW?

You can request your own school's provider list. Call us @529-1200, & we'll gladly mail. Just remember; it's supplied for your personal networking use ONLY, & legally shouldn't be used for referrals.

## referrals & you



Ever have parents needing referrals?

If so, please have them personally call DCC @529-1200. Our Referral Dept is totally supported by parents who use us, NOT providers we list. DCC does searches only for parents. Please keep this important service intact by having them call themselves.



## getting paid for breast milk & formula

DCC wants you to get as much \$\$\$ as possible ... to pay for all you do in helping kids eat well. It may seem weird but, CACFP providers DO get reimbursed for serving breast milk & iron-fortified formula (if parents reject formula you offer). The govt sees you as the 1 responsible for feeding babies & enabling them to have a healthy start. Just because parents supply breast milk or formula, it's your responsibility then, to prepare, feed & take care of their little ones. What you're doing is helping to give a nutritious start in life! So, go ahead & claim them on your menus. It's only fair!

- USDA is an equal opportunity provider. -