

DCC Extra

Bit of This & That

Day Care Connection CACFP Check Insert

2/16



It's a new yr... a time of increased reflection, renewed vigor & heightened organization. Here are some resolutions we'd love to have caregivers follow in 2016 to make all our lives more carefree!

≈ **Update your referral openings on CACFP Cover Sheet**, whether filing paper form or on-line, each & every month.

(Otherwise, DCC staff can't give out your name.)

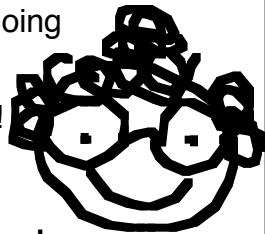
≈ **Sign/print name on your CACFP Cover Sheet, all menu pgs & envelope**, whether filing paper form or on-line, each & every month.

(Otherwise, DCC staff won't know who gets the check.)

≈ **Turn in your CACFP menus by 4:30PM, 3rd working day of every new month**, whether filing paper form or on-line, each & every month.

(Otherwise, DCC staff must call & hound you.)

Oh, the joy of going through life with a few LESS hassles!!



DCC office hrs

Office Hrs: M-F, 8:30-4:30

Make/Take Supplies, Resource

Cntr: 1st Tues, monthly- 8PM

Video Trngs: 1st Tues, monthly

DCC



video trngs

• **FEB**
2 "Successful Parent Communications"

• **MAR**
1 "Recordkeeping for Taxes"

(All begin @ 6:30PM. These group video trngs DO count as health dept credits.)

CHAT & CHEW WITH YOUR CHUMS- "COLOR THE DAY

WITH FRUITS & VEGGIES" MON, FEB 29th, 7PM



@White Church
Christian Church

(1 block N 85th/Parallel, 2200 N 85th, 66209)

Tons of you always enjoy our Home Visitors' fun annual nutrition trng. This 1 on fruits & veggies is no exception! Learn: new ways to serve old standbys, how 1 of your own uses creativity to make these more fun to eat & why portion control is truly important.

We guarantee you'll gain strategies not heard before-- & all with an extra dose of humor! What a super learning event, complete with samples to nibble, door prizes & giggles galore!

RSVP now: @529-1200 or marcie@daycareconnection.org. Remember, 2 hrs nutrition trng is required to continue CACFP \$.

(2 hrs health dept/CACFP credit/FREE)

"CPR/1ST AID"

• **SAT, FEB 6th, 8:30AM, @DCC**

(RSVP TODAY.) OR

• **SAT, MAR 26th, 8:30AM, @DCC** (RSVP by 3/16.)

Tiffany Saturday, EMT, is excellent in understanding just what providers have to be responsible for these days! CPR/Pediatric 1st Aid (6 hr) combined class is \$70. (Fee is non-refundable as materials/ teacher must be planned.) Please bring lunch. Send ck to: "DCC", 8855 Long, Lenexa, 66215. Write preferred date on "memo" line.



Valentine's Day Snack Ideas

*Make a dip from 1/2 C plain or vanilla low-fat yogurt, 1/4 t cinnamon & 1/4 t vanilla extract. Enjoy with apple slices or graham crackers.

*Combine 1 T sugar & 1/2 t cinnamon in small bowl. Use cookie cutters to cut heart shapes in 3 small flour tortillas. Spray cookie sheet with non-stick spray. Lay tortillas on it & spray them also. Sprinkle cinnamon/sugar mixture on top. Bake 10-13 min @325°.



Non-Candy Valentine Ideas

Bananas- "I'm Bananas over You!"

Apples- "You're the Apple of my Eye!"

Stickers- "I'm Stuck on You" Valentine's pencils – "You're all Write!"

Bubbles- "I'm Bubbling over for You!"

Ruler- "Valentine, You Rule!"
Glow Stick- "You Make My Heart Glow!"

Bear-Shaped Graham Crackers- "Bear Hugs for My Valentine!"

Orange- "Orange you Glad I Picked You?"

Bookmarks- "You'll Never Lose Your Place with Me!"

Fish Crackers- "You're a Great Catch, Valentine!"

David City Public Schools Health

visitors' views



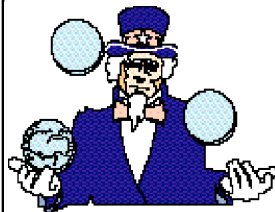
DCC has kept all of you abreast of the stricter adherence these days to existing CACFP rules. It truly does help "to maintain the integrity" of the program. Please be sure to:

- fill in your **MENUS** completely **EVERY** day (If you do menus on-line, dates must be current at visit. Past dates aren't acceptable, even if you rotate menus.)
- call or e-mail if you **DON'T END UP DOING CARE**
- alert us if your **MEALTIMES** change
- maintain your proper **ATTENDANCE**
- get your annual, 2 hrs **NUTRITION TRNG DONE**, & above all else, be honest when you record meals & who ate them. Thanks for helping your Home Visitors (Kathy, Nancy & Kelly) to continue to do a good job for you, our agency & ultimately... the children! Such "gifts" they receive in working with all of you.

when applying for your license on-line

Be careful! Always prove you've completed this task by printing off certified form upon completion.

Hmmm... something to think about



terrific tax tips

DCC staff has been getting tax ?'s from providers & parents. Follow these tips to put some extra \$ in everyone's pockets.

~ DO start now to get & use **DCC's 2016 ACTIVITY & RECORDKEEPING CALENDAR**. It's a complete resource guide for all family day care tax issues & business needs with an excellent system to track your financial records. Plus, it has wonderful learning activities & super recipes. Grab 1 for \$10 (\$14 if mailed), while supplies last!

~ Be sure to give parents your **Tax ID # or Social Security #** for tax records. It's the law!

~ **TOM COPELAND'S 2015 FAMILY DAY CARE TAX BOOKS** are here! These superb guides are only \$20 & offer a wealth of info from THE "TAX GURU" of our family day care industry! Stop by DCC today!

~ Remind your parents of the **US EARNED INCOME TAX CREDIT**. It's a special tax benefit for parents who work & earn below a certain amt. If people qualify, they owe less in taxes & may get cash back. For more info, call IRS @ 1-800-829-1040.

double check Daily Attendance Roster

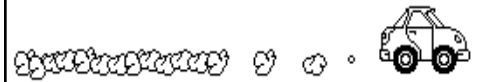
DCC asks you to please review carefully before submitting.

- 1) Be sure to list your **OWN** kids until age 11, (if counted in capacity) & put "x" in their **boxes**.
- 2) Be sure to write **TOTAL** figure at bottom right.

We do appreciate it!



helps a coming



PROVIDER SHARING CORNER



important to get *sw others in* mutual support.

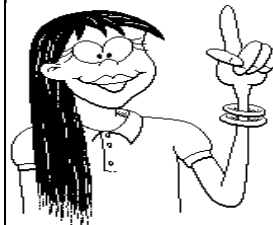
• WELCOME!

The following providers recently joined our DCC family from these schools.

Kelly Geither-	Apache
Charzetta Kimble-	Hazel Grove
Jami Marshall-	Gardner
Alicia Ramsey-	Quindaro
Becky VanRooyan-	Nieman

• DID YOU KNOW?

You can request your own school's provider list. Call us @529-1200, & we'll gladly mail. Just remember; it's supplied for your personal networking use **ONLY**, sed for referrals.



referrals & you

Did you know you can help yourself & your business by participating in all types of trng opportunities? Make sure parents know you attend. (DCC's workshops are authorized by JoCo Health Dept & KS Dept of Education. Our topics are what you tell us you want to see addressed ... not what we tell you to come learn.) Even the best child care business will stay childless if parents aren't aware what services you employ &/or what skills you enhance.

calendar reminders



We don't "babysit"!

- 2/2 Resource Cntr/Video Trng
- 2/3 MENUS DUE
- 2/6 CPR/1st Aid
- 2/14 Have a Heart!!
- 2/15 President's Day- **DCC closed**
- 2/29 "**CHAT & CHEW!!**"
- 3/1 Resource Cntr/Video Trng (Call DCC @529-1200, for info or to RSVP.)

USDA is an equal opportunity provider.